

# Positive Well-Being Indicators for Youth and Young Adults

The Youth Thrive™ Survey is an instrument developed by CSSP to measure the presence, strength and growth of the Youth Thrive™ protective and promotive factors that have been shown by research to advance healthy adolescent development and well-being.

## Youth Thrive™ Protective & Promotive Factors

This instrument is unique in that it measures positive constructs.

- Youth Resilience
- Social Connections
- Knowledge of Adolescent Development
- Concrete Support in Times of Need
- Cognitive and Social-Emotional Competence



Co-designed with young people



Takes less than 15 minutes to complete



Web-based instrument



Publicly available for free of charge in English and Spanish

**DATA:** Users will have access to reports and data visualization.

## MULTIPLE USES:

Assessment to:

- Inform case planning
- Measure and monitor a young person's progress over time
- Highlight a young person's strengths

Evaluation to:

- Measure the effectiveness of interventions and/or programs for young people

Continuous quality improvement (CQI) to:

- Inform policy and practice decisions
- Monitor and measure aggregate data on well-being outcomes for young people