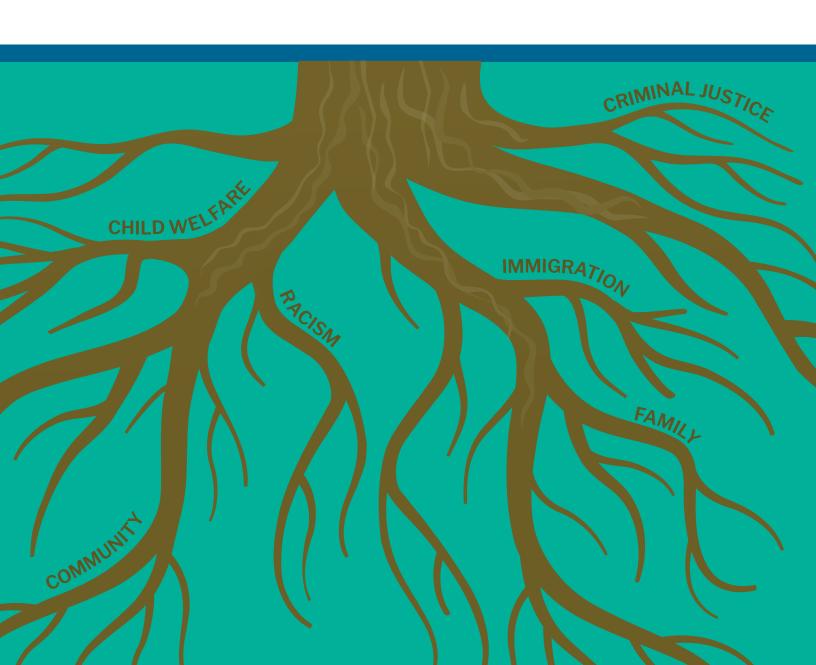
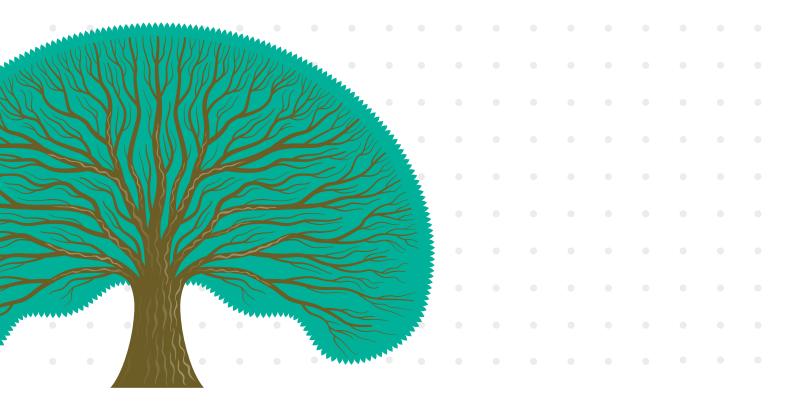


Entangled Roots: The Role of Race in Policies that Separate Families

Elisa Minoff



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Introduction and Summary

Children need loving and supportive families to thrive. This point is at once self-evident and confirmed by decades of research into children's health and development.

As a nation, however, we separate children from their families on a routine basis. Sometimes, family separation is the deliberate result of government policy—as it is when child welfare agencies remove children from their parents' custody over concerns for their safety and well-being. At other times, family separation is an unconsidered, if not quite unintended, consequence of policy—as it is in the immigration and criminal justice systems, when parents are incarcerated and sometimes deported without their children. In all cases, however, children suffer the consequences. They long for their parents.¹They worry that they are at fault.²They act out and have trouble in school.³

Children of color are significantly more likely to be put in these impossible situations. Across the child welfare, immigration, and criminal justice systems, families of color are more likely to be separated, and children of color are more likely to experience the short-term distress and long-term trauma stemming from separation.⁴

The role that race plays in policies that separate families has received more attention since the Trump administration's decision to separate families at the Southwest border to further its racist and xenophobic immigration agenda. As this report details, however, racism has always played a central role in the publicly funded systems that separate families. It is time for us to step back and question the underlying assumptions shaping these systems, and the policies they implement.

Racism has both motivated policies that separate children from their parents and it has been institutionalized in the systems that carry on these policies. This is how racial injustice works. As the epidemiologist Camara Phyllis Jones has written, racial injustice is a result of "discrete historical events but persists because of contemporary structural factors that perpetuate these injustices." In the immigration, criminal justice, and child welfare systems, racism has often compounded the disadvantage children and families of color experience because of poverty and economic inequality.

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"Racism has always played a central

By examining the roots of policies that separate families and their entanglement with racial prejudice and discrimination, this report makes the case that we must embrace an alternative path. Policymakers' goal across public systems should be to end the routine separation of children from their parents. Family separations should be rare, and their harm to children should be mitigated in the extremely unusual circumstances when they are necessary. Realizing this vision will require fundamentally re-thinking each of the systems that separate families. The need for system transformation is clear when one considers policy from the perspective of children and families—and especially the children of color who are most likely to be harmed by these longstanding policies.

A NOTE ON TERMINOLOGY

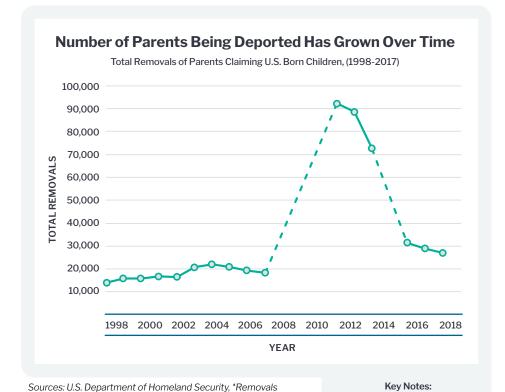
Racial and ethnic groups are identified using different terms by different government agencies and researchers—and the terms used have changed over time. Though no single term is perfect, this report uses these contemporary, and commonly used, terms to refer to each group: African American, American Indian, Latino/Latina/Latinx, Asian American, and White. The exception is when we are citing data from a source that does not use these terms, in which case we use the term used by the source.

Immigration Policy and Family Separation

The Trump administration's decision in the summer of 2018 to systematically separate over 2,500 children from their parents at the Southwest border—including children and parents who were exercising their legal right to asylum—was the shocking culmination of a series of policy decisions, made by successive administrations, that have targeted Mexicans, Central Americans, and other Latinx immigrants for separation, detention, and deportation.⁶ Prior to the Trump administration, immigrant children would sometimes be separated from their families at the border in the course of immigration enforcement, but such separations were not stated federal policy.⁷ Instead,

immigrant families were more often separated once already in the United States, as parents were detained or deported as a result of interior immigration enforcement.

Over the last two decades. interior enforcement has expanded in response to legislation significantly enhancing immigration enforcement powers in 1996 and increasing funding for enforcement following the September 11, 2001 terrorist attacks.8 The number of annual arrests and deportations rose steadily during both the George W. Bush and Obama administrations, peaking between 2009 and 2011 with more than 300,000 arrests and 200,000 formal deportations annually from within the United States.9 Though data on the number of parents in immigration detention are unavailable, in recent years well over 300,000



Involving Illegal Alien Parents of United States Citizen." 2009;

U.S.-Born Children," 2017.

*Deportations of Parents of U.S.-Born Citizens." 2012; *Deportation

of Aliens Claiming U.S.-Born Children." 2014; *Deportation of Aliens

Claiming U.S.-Born Children." 2016; 'Deportation of Aliens Claiming

immigrants have passed through one of more than 200 immigration detention facilities annually—and most are incarcerated in facilities run by private prison companies where human rights abuses are more common.¹⁰

Data Not Available

1998 - 2012 Fiscal Year

2013 - 2017 Calendar Year

Between 2009 and 2013, an estimated half a million parents were deported, affecting a similar number of U.S. citizen children. After declining significantly in the last years of the Obama administration, the number of arrests and deportations have begun to increase again under President Trump. According to the latest administrative data, 27,080 immigrants who claimed to have at least one U.S. born child were deported in 2017. Latinx immigrants are disproportionately affected. Though immigrants from Latin America make up an estimated 77 percent of the unauthorized population in the United States, they have constituted well over 90 percent of immigrants removed by U.S. Immigration and Customs Enforcement (ICE) in recent years.

"Though immigrants from Latin America make up an estimated 77 percent of the unauthorized population in the United States, they have constituted well over 90 percent of immigrants removed by U.S. Immigration and Customs Enforcement (ICE) in recent years."

The harm to children posed by the detention and deportation of their parents is well established. The Urban Institute has found that children whose parents were arrested in workplace immigration raids experienced significant economic hardship and emotional distress after their parents' arrest. A review of the literature concluded that children who have been separated from their parents as a result of immigration enforcement often experience psychological trauma as a result of either witnessing an arrest, not knowing what happened to a detained parent, or dealing with unstable caregiving in the aftermath of an arrest. Economic hardship is also significant when a breadwinner is detained or deported. 16

Children's living circumstances after a parent's detention or deportation are often uncertain. After a parents' deportation, children might return to their parents' country of origin, where they might not know the language and where social services might be unable to meet their needs. In other cases, children might stay in the United States with relatives or family friends, sometimes awaiting parents who plan to re-enter the

United States illegally.¹⁷ Sometimes children whose parents have been arrested or deported end up in state child welfare systems.¹⁸ Once in the child welfare system, children may be thwarted from reunifying with parents because of the lack of coordination between the immigration and child welfare systems, because of a parents' inability to attend their child's court hearings, or because biases or misinterpretations of agency policy lead staff to resist returning children to undocumented parents, to parents who do not speak English, and to parents living outside the United States.¹⁹

Latinx children have been disproportionately affected by these policies because of a century of policy decisions that have made Latin American immigrants—particularly Mexicans and Central Americans who entered the United States by crossing the Southwest border—the iconic "illegal immigrants." Starting in the 1920s, immigration policy treated the U.S.-Mexico border differently than the U.S.-Canada border and other points of entry, as historian Mae Ngai has demonstrated. Though strict numerical limits on immigration from Latin America were not in place in those years, Mexican laborers were policed by an expanded Border Patrol made up of cowboys, ranchers, and Ku Klux Klan members (among others) and subjected to "a degrading procedure of bathing, delousing, medical line inspection, and interrogation" that was not fully instituted at other points of entry.²⁰ When undocumented immigration from Mexico increased in the mid-twentieth century as policy shifts made it increasingly difficult to cross the border seasonally for work and placed absolute numerical limits on immigration from the Western Hemisphere, Mexicans became increasingly associated with undocumented immigration.21

As detention and deportation became more commonly-used tools of immigration enforcement over the course of the twentieth century, Mexicans were often the target. During the Great Depression, local and state governments colluded with social welfare agencies to encourage and sometimes coerce Mexicans—and in many cases Mexican Americans—to "repatriate" to Mexico. European immigrants did not face the same degree of coercion.²² Two decades later, concern about rising undocumented immigration in the Southwest led to "Operation Wetback," a federal deportation drive that was once again focused almost exclusively on Mexicans.²³

Mexicans were not only more likely to be the target of deportation drives, but they were also less likely to benefit from discretionary relief from deportation. Starting in the early twentieth century, administrative discretion was used and encouraged to limit the deportation of immigrants with U.S. citizen spouses and children for whom their deportation might pose a "hardship." 24 For the very reason that deportations often resulted in family separation, there was a movement in the legal community at the time to further expand exemptions from deportation. Governors pardoned potential deportees, especially in "areas where European immigrants were numerous and had some political influence."25 But Mexicans rarely received such pardons. When they applied for relief from deportation based on the federal hardship exemption, they were also routinely denied. Officials callously determined that deportation could not cause a hardship for non-Europeans, employing the faulty logic that because many non-European immigrants were low-paid laborers, they were unable to offer significant financial support to their families and thus their deportation could not cause hardship.²⁶

At the end of the twentieth century, some Mexicans and Central Americans benefited from one-time dispensations creating a path to legal status—notably, with the Immigration Reform and

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Asian Immigrants: The Original Targets of Immigration Policies that Separate Families

Asians were the first ethnic group singled out for exclusion by federal immigration law because of their race, and families were frequently separated as a result. The first federal restrictions on immigration, passed in 1875, prohibited involuntary Chinese laborers and suspected prostitutes from entering the country. The effect of the law was to limit Chinese immigration and almost completely exclude Chinese women from entering the United States, including those who were planning on joining their husbands. This paved the way for the Chinese Exclusion Act of 1882, which prohibited Chinese laborers—"skilled and unskilled"—from entering the country and barred those already here from citizenship.30 Later laws almost entirely barred immigration from across Asia, and Asian immigrants were explicitly denied relief from deportation. The 1917 law that granted relief from deportation for immigrants for whom it would constitute a "hardship" stated that this relief was only available for certain "white" "aliens" who were not "ineligible for citizenship"—a category explicitly invoked to exclude Asians, since Asians were barred from naturalizing at the time by the United States' racist naturalization law. Asians who did have a claim to enter the United States legally in these years often spent an extended period on Angel Island, the infamous immigration station in San Francisco Bay. Families at Angel Island were intentionally and routinely separated from each other for long periods of time so they would not be able to coordinate answers to the interrogations which they were subjected to while there. Historian Beth Lew-Williams recounts the experience of her grandfather, Lew Din Wang, who was detained on Angel Island in 1930 when he was just nine years old, having left China and crossed the Pacific to join his father living in San Francisco. Lew Din Wang was prohibited from talking to his family while detained, and told his granddaughter that his detention had lasted "9 to 12 months — I don't even know how long." When Beth Lew-Williams later examined Lew Din Wang's immigration file, she found that he had been detained for a total of 34 days, but as she trenchantly observed, "thirty-four days is a lifetime when you're 9 years old and imprisoned all alone."31

Control Act of 1986 and the Nicaraguan Adjustment and Central American Relief Act of 1997.²⁷ But these dispensations were accompanied by strengthened immigration enforcement provisions and increasingly broad detention practices that, over time, ensnared even more Latinx immigrants in their web.28 Starting in the 1980s, the same federal statutes that contributed to the rise of mass incarceration in the criminal justice system, discussed in the next section, mandated the detention of noncitizens convicted of particular crimes. Detention rates rose steadily in the years that followed, and skyrocketed after the 1996 Antiterrorism and Effective Death Penalty Act (AEDPA) and Illegal Immigration Reform and Immigrant Responsibility Act of 1996 (IIRIRA) mandated detention for immigrants who had been convicted of additional crimes, including nonviolent misdemeanors.29

What we are seeing today is a continuation of a century of immigration policy decisions that targeted Mexican, Central American, and other Latinx families for deportation, struck fear in the Latinx community, and disproportionately separated Latinx families. According

to a recent study by the Center for Law and Social Policy, service providers are reporting that they have never seen immigrant communities as fearful as they are today. Many children are witnessing their parents'

"Many children are witnessing their parents' arrest by ICE agents. A home visitor for one family in New Mexico reported that the father was arrested by ICE agents as he dropped his daughter off at preschool."

arrest by ICE agents. A home visitor for one family in New Mexico reported that the father was arrested by ICE agents as he dropped his daughter off at preschool. The mother was dumbstruck, the home visitor explained: "It was just the lack of humanity around this person, this father, being taken away in front of his children and his wife." 32

Family Detention is Not the Answer

Detaining families together is not a solution to the separation of families by immigration enforcement. Family detention occurs more commonly as a result of immigration enforcement at the border, rather than interior enforcement. Over the last decade, expanding family detention has been proposed as a solution to the presence of undocumented families already in the United States, as well as a way to deter additional families—particularly families from Central America—from coming in the future. With this very goal, the Trump administration recently issued proposed regulations that would allow for the massive expansion of family detention.³³ But we know that family detention can inflict lasting harm on children. Studies of detained immigrant children have found high rates of posttraumatic stress disorder, depression, and anxiety, and psychologists agree that "even brief detention"

can cause psychological trauma and induce longterm mental health risks for children."34 Dr. Luis Zayas, Dean of the School of Social Work at the University of Texas at Austin and an expert on child and adolescent mental health, interviewed families in immigration detention facilities and found "regressions in children's behavior; suicidal ideation in teenagers; nightmares and night terrors; and pathological levels of depression, anxiety, hopelessness, and despair."35 The Department of Homeland Security's own Advisory Committee on Family Residential Centers concluded that "detention is generally neither appropriate nor necessary for families—and that detention or the separation of families for purposes of immigration enforcement or management are never in the best interest of children.36

The arrest and deportation of parents not only harms their children, but it also has a ripple effect, spreading fear and distrust throughout immigrant communities and threatening children's health and well-being. Tethnographic research has found that both undocumented children and U.S. citizen children in mixed status families fear that immigration authorities will tear apart their families—even if they do not know anyone personally who has been detained or deported. Rumors and news media spread information about deportations, which young children absorb. Research suggests that this pervasive fear and stress might be particularly common among Latinx children, because immigration enforcement activities disproportionately target their communities.

But children of immigrants from all corners of the globe are affected by the current crackdown on immigration. Indra Sihotang, an undocumented immigrant from Indonesia and father of four boys, all U.S. citizens under the age of ten, was detained in September 2017 during a routine check-in with ICE. His wife Risma Fadersair explains the hardship her husband's detention has caused: "Only my husband works. The income [comes]

"Sometimes, when I see my dad in detention, to be honest, I want to sneak out with him so that he can be with us.
But then, the Hudson County detention people would be all, like, searching for him. That's why I quit on that idea."

only from him. At home, my husband always takes care of them [the children]. Without him, right now, it's just my half missing. But the thing is, if I keep mourning this, how about my kids?" Their eight-year old son Ivor admitted that "sometimes, when I see my dad in detention, to be honest, I want to sneak out with him so that he can be with us. But then, the Hudson County detention people would be all, like, searching for him. That's why I quit on that idea." Ivor also expressed being "furious" over his father's detention—a common sentiment among children whose parents have been taken from them.⁴⁰



Some children and youth try to hide their pain. One high school senior—a U.S. citizen—described her father's deportation to Gambia in January 2018: "My friends don't really know. I don't want them to see me in a vulnerable way. What hurts most is to think about the future. He's never gonna see me walk down the aisle and finally meet the guy who was enough for me. He's never gonna see me in a hospital room giving birth to my kid. I know I can always visit him in Africa. It's not that he's dead, but it's not the same. Here with my dad, that's where I belong."⁴¹

As parents are detained and deported, many more children remain at risk of being separated from their parents as a result of immigration enforcement. According to the Migration Policy Institute, there are roughly 5 million children in the United States with at least one unauthorized parent. The vast majority of these children are U.S. citizens. 42 Advocacy groups are advising undocumented parents to fill out 22-page child care safety plans, which outline who should care for their children if they are detained and list some of their children's "favorite things" so that if they are picked up by ICE, their children's new caregivers will know how to comfort them. 43 The stress and fear many immigrant families are experiencing is heightened under the current administration, but it will continue indefinitely unless the policies that are themselves a product of a century of discriminatory and inhumane decisions are reversed.

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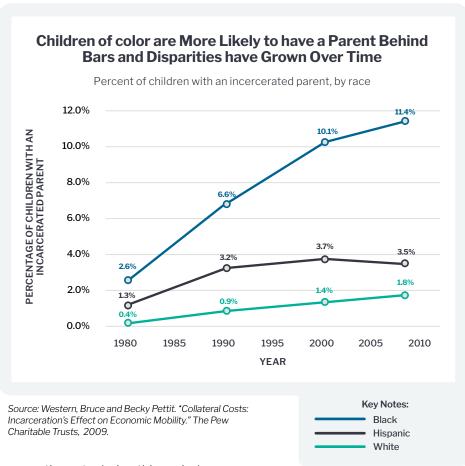
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Criminal Justice Policy and Family Separation

Like immigration enforcement, our system of mass incarceration routinely and mechanically—with no thought to the needs of children—separates families. The United States has the highest recorded adult incarceration rate in the world—more than four times that of any Western European country. The growth in the U.S. incarceration rate and its divergence from that of other wealthy nations took off in the 1970s. After holding relatively steady for the first three quarters of the twentieth century, the incarceration rate rose fivefold between the mid-1970s and the early 2000s, growing from roughly 100 to more than 500 prisoners for every 100,000 people. Over the last decade, the incarceration rate has declined slightly, but it remains high.

According to the latest data from the Bureau of Justice Statistics, at the end of 2016, 2.2 million people were behind bars. One in 38 adults were under some form of correctional supervision—either incarcerated in prison or jails, or supervised on probation or parole.⁴⁶

The United States' system of mass incarceration particularly affects communities of color.47 From the very beginning, African Americans have been targeted by discriminatory criminal justice policies, and since data on incarceration rates have been collected they have been imprisoned at higher rates than whites. Mass incarceration has resulted in the disproportionate imprisonment not only of African Americans, but also of Indian Americans, Latinx, and Asian Americans. Between 1980 and 2000. African Americans were more than six times more likely to be



incarcerated than whites.⁴⁸ The Hispanic incarceration rate during this period was between two and three times higher than that of non-Hispanic whites.⁴⁹ Meanwhile, American Indians and Alaska Natives are incarcerated in jails at

significantly higher rates than the general population—398 per 100,000 people, compared to 237 per 100,000 people in 2013—and the American Indian jail incarceration rate has continued to increase in recent years even as the overall jail incarceration rate has fallen. Certain Asian American groups also are more likely to experience harsh treatment in criminal justice system. In the 1990s, the Asian American and Pacific Islander prisoner population increased 250 percent, and in California at this time, Asian juveniles were more than twice as likely to be tried as adults compared to white juveniles who had committed similar crimes. Meanwhile, many immigrants of color are incarcerated in the immigration detention system and not captured in these statistics.

These racial disparities in the criminal justice system have given rise to what legal scholar Michelle Alexander has called the "New Jim Crow." People with felony convictions—disproportionately people of color—are relegated, by law, to second-class status: denied the right to vote, denied access to public benefits and social services, and denied, in many cases, the ability to make a living. ⁵² For immigrants caught up in our system of mass incarceration, the result can be deportation and removal to a country they have not seen in decades, or, in some cases, never seen at all. ⁵³

"In 2009, 11.4 percent of African American children had a parent in prison, compared to 3.5 percent of Hispanic children and 1.8 percent of white children."

Children are directly affected by the system of mass incarceration—and the burden falls especially heavily on children of color. In 2009, 11.4 percent of African American children had a parent in prison, compared to 3.5 percent of Hispanic children and 1.8 percent of white children. Sociologist Christopher Wildeman has found that racial disparities in lifetime parental incarceration are even greater: one in four black children born in 1990 had a parent in prison by the age of 14, compared to roughly one in twenty-five white children—that is, black children were almost 7 times more likely to have a parent in prison than white children. Sociologist Shockingly, half of black children with parents who have lower educational

achievement experienced parental imprisonment by the age of fourteen.⁵⁶

Mass incarceration threatens to tear the social fabric of communities of color. Incarceration is concentrated in poor neighborhoods with high proportions of African American and Hispanic residents.⁵⁷ As the National Research Council observes in a landmark report on mass incarceration published by the National Academies of Sciences, "the intense concentration of incarceration added to existing social inequalities constitutes a severe hardship faced by a small subset of neighborhoods."⁵⁸ The result may destabilize already disadvantaged communities, decreasing social cohesion and respect for the law and increasing crime.⁵⁹ Children and families of color who do not directly experience mass incarceration, therefore, may nonetheless be affected.

The system of mass incarceration—and its disproportionate impact on communities of color is not an historical accident. Rather, it is the logical product of a set of laws and policy decisions that grew out of the turbulent events surrounding the civil rights movement of the mid-twentieth century. After World War II, African Americans demanding political, social, and economic rights faced violent repression by law enforcement in both the North and the South. In the North, where growing numbers of African Americans lived in impoverished urban neighborhoods where crime was rising, politicians increasingly "conflated riots, street crime, and political activism."60 The conservative standard-bearer Barry Goldwater made law and order a central issue of his 1964 presidential campaign, and both Democrats and Republicans embraced policies to expand the capacity of law enforcement as unrest shook the nation's cities.61 The turn to law and order in the wake of the civil rights movement paralleled the response to the end of slavery a century earlier: just as African Americans claimed greater freedoms, the nation turned to the criminal justice system to limit those freedoms.

The punitive shift in criminal justice policy in the midtwentieth century not only increased the likelihood that someone who was arrested would be convicted of a crime but also increased the length of time they spent in prison as a result. Harsher sentencing policies including mandatory minimums, three strikes, truth-

"Slavery by another name": The post-emancipation turn to law and order to limit African Americans' freedoms

After the end of slavery, Southern states attempted to subordinate newly freed people and force them to work for white landholders by criminalizing everyday activities—such as walking down a street without proof of employment—through vagrancy laws. Many states exploited people who were incarcerated as a result of these laws, establishing lucrative convict leasing systems, whereby incarcerated people could be rented out to private companies, where they would be forced to work in often brutal conditions. As historian Donna Murch notes, "At its worst, more than one in four leased convicts died in under two

years from a mix of overwork, malnutrition, and unsafe working conditions." If African Americans were not caught up in the convict leasing system, they were likely to be trapped in debt peonage: working as sharecroppers for exploitative employers who would over-charge them for the cost of feed and land use and force them to work to pay off their debts, sometimes selling the debt and the person to other employers who would then force them to work. This post-emancipation system of forced labor, overseen by the state, has been aptly called by historian Douglas Blackmon "slavery by another name." 62

in-sentencing, and life without the possibility of parole laws—were accompanied by the war on drugs, which was formally declared by President Ronald Reagan in 1982 and continued under both Democrats and Republicans. 63 Some African American community leaders supported the crackdown on drugs and crime, recognizing the toll both took on their neighborhoods.⁶⁴ But African Americans have been prosecuted for drug crimes at disproportionately high rates, despite the fact that research has found no significant difference in the rates of either drug use or the selling of drugs between African American and white people—if anything, whites are more likely to do both. 65 During the crack epidemic of the 1980s, harsher sentences for the possession crack cocaine compared to powder cocaine—even though they are pharmacologically similar drugs—contributed to racial disparities in incarceration, because African Americans were more likely to use crack cocaine, while white people were more likely to use powder cocaine.66 During these years, African Americans were six times as likely as whites to be arrested for a drug-related offense. More recently African Americans have been three to four times more likely to be arrested for a drugrelated offense. 67 Today almost three-quarters of drug offenders in federal prisons are either non-Hispanic Black or African American (39 percent) or Hispanic or Latino (37 percent).68 The treatment of the current

opioid epidemic as a public health problem—which has disproportionately affected white people—stands in stark contrast to the penal response to the crack epidemic of the 1980s.⁶⁹

"The treatment of the current opioid epidemic as a public health problem— which has disproportionately affected white people—stands in stark contrast to the penal response to the crack epidemic of the 1980s."

Similar racial disparities are evident in the juvenile justice system, which like the adult criminal justice system separates families. ⁷⁰ In 2013, African American youth were more than four times as likely to be committed to a juvenile facility as white youth. American Indian youth were more than three times as likely to committed, and Hispanic youth were 61 percent more likely to be committed. Between 2003 and 2013 these disparities remained constant for Hispanic youth, but they increased for African American and American Indian youth. ⁷¹ Juvenile detention not only tears youth away from their parents, but for youth who are parents

themselves, it threatens their ability to bond with their own young children. Many of these youth have been touched by multiple intervening state systems. Studies have found that the child welfare system contributes to the overrepresentation of youth of color in the juvenile justice system.⁷²

Mass incarceration causes significant economic hardship for children and families. Maternal incarceration is increasing, but because fathers are still much more likely to be incarcerated, much of the research has focused on the effects of paternal incarceration.⁷³ Studies show that incarceration reduces family financial resources in the short and long term, because men with incarceration histories are less likely to contribute financially to their families with small children than men who have never been incarcerated, and when they do contribute they contribute less, even when controlling for demographic characteristics such as race, family history, and education. These lower financial contributions stem from two primary factors: men who have been incarcerated have significantly lower earnings, and they are more likely to live apart from their children (and men who live apart from their children contribute less, even when taking into account formal and informal child support).74 The result is material hardship for many children with incarcerated parents—meaning their families are less likely to be able to pay rent or utilities or afford a visit to the doctor.⁷⁵

Research has associated parental incarceration with childhood health problems, acting out behavior, challenges in school, and poorer mental and physical health in adulthood. ⁷⁶ A ChildTrends study found small

but statistically significant negative associations between parental incarceration and a child's school success, and associations with school-reported problems for children of all ages.⁷⁷ One rigorous study found that paternal incarceration is associated with statistically significant increases in child homelessness.⁷⁸ Another study found that changes in female incarceration were the largest single contributor to the dramatic increase in foster care caseloads

"According to the latest data from the Adoption and Foster Care Analysis Reporting System (AFCARS), parental incarceration was a factor in the removal of over 20,000 children from their homes in 2016—a likely undercount of all child welfare cases in which a parent is incarcerated."

between 1985 and 2000, accounting for about 30 percent of the increase from 276,000 children to 568,000 children during those years. According to the latest data from the Adoption and Foster Care Analysis Reporting System (AFCARS), parental incarceration was a factor in the removal of over 20,000 children from their homes in 2016—a likely undercount of all child welfare cases in which a parent is incarcerated.

Incarcerated parents—whether in the criminal justice or immigration systems—are at risk of permanently losing their parental rights if their children are in the child welfare system because of the strict timelines imposed

by the Adoption and Safe Families Act, a federal law passed in 1997. According to the law, states must file a petition to terminate parental rights on behalf of any child who has been in foster care for 15 of the most recent 22 months, with few exceptions. Since parents are often incarcerated for significantly longer than 15 months, their imprisonment means they risk losing their children forever.⁸¹ Even if parents are released in under 15 months, they may have difficulty reunifying with their children if they have not been able to attend hearings for their children while in prison or if they struggle to get back on their feet once released—common occurrences for incarcerated and formerly incarcerated parents.

Researchers have estimated that because of racial disparities in the likelihood of experiencing paternal incarceration, the growth in incarceration has significantly increased disparities between black and white children across a wide variety of indicators of child well-being—from infant mortality to homelessness to externalizing and internalizing problems. ⁸² One study found that the growth in the prison population has increased the black-white gap in child homelessness by about 65 percent. ⁸³

The emotional toll on children is heavy. Children sometimes feel guilt or shame when a parent is incarcerated. As one mentor of a child with an incarcerated parent explains, "The stigma and shame associated with parental incarceration is different from what other disadvantaged kids experience."84 The journalist Nell Bernstein has found, through dozens of interviews with children of incarcerated parents, that they often believe they have done something wrong. As Bernstein recounts, Jennifer was twelve years old when she returned home from camp to find police arresting her mother. She was subsequently taken to a shelter, and she explained later, "I thought I had done something wrong, because I had to go away, too."85 Anthony, who also was sent to a shelter after his mother was arrested. described it as a "kiddie jail." "A jail for kids. Actually, it's not punishment. Actually, they punished me, though. Someone stole my watch. And they gave me clothes too small for me. They keep you in cells—little rooms that you sleep in, and you have nothing except for a bed, blankets, and sheets. You couldn't even go to the bathroom in the middle of the night. They wouldn't let you out." Ricky at age nine, was not sent to a shelter, but his experience was no better than Jennifer and Anthony's. Home with his mother and his infant brother when she was arrested, he remembered years later that "the police came and took my mom, and I guess they thought someone else was in the house...They just rushed in the house and got her and left." Ricky took care of his infant brother for two weeks after his mother's arrest, preparing him food and taking him on a walk in the stroller every day because he remembered that was something his mother would do. A neighbor finally noticed him on one of his walks and called Child Protective Services.86

Once parents are incarcerated, it can be difficult for them to maintain relationships with their children. Visits are difficult, and phone calls can be prohibitively expensive. Recently, the Federal Communication Commission, pressured by prisoner advocacy groups, placed a cap on the exorbitant fees that telephone companies charge prisoners making interstate phone calls—lowering rates from \$17 to \$3.75 for a 15-minute call. But the vast majority of calls from detention centers are made within states and are not subject to the new regulations. A multistate survey of families with incarcerated relatives found that one in three survey participants went into debt to cover visitation and phone costs. Conce a parent is released from prison, family reunification can be difficult—causing disruptions and disappointment for children who have high expectations for what their life will look like after their parent's return.

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These emotional, social, and economic hardships are disproportionately felt by African American children and other children of color because of decades of discriminatory policy decisions that have stacked, one on top of the other, to create our system of mass incarceration.

Child Welfare Policy and Family Separation

While family separation is often the unconsidered consequence of immigration and criminal justice policy, it is the deliberate result of decisions in the child welfare system. In Fiscal Year 2016, the most recent year for which data are available, 437,465 children were removed from their families and placed in foster care—either in family foster homes, group homes, or institutions—according to the Adoption and Foster Care Analysis and Reporting System. African American and

Alaskan Native children are both overrepresented among children in foster care. American Indian/Alaskan Native children are less than 1 percent of the child population, but they make up 2 percent of children in foster care. African American children are 14 percent of the child population, but they make up 23 percent of children in foster care.90 The racial disparities in the cumulative lifetime risk of being placed in foster care are even greater. One study found that 4.9 percent of white children will

American Indian/

American Indian and African American Children are Overrepresented in Foster Care (2016) Share of children in the overall population, and the foster care population, by race in 2016 60% 51.1% 50% 40% 30% 24.9% 23% 20% 13.8% 10% Am Indian/ Asian Black Hispanic or White **Key Notes:** Source: U.S. Children's Bureau. 'The AFCARS Report." 2017; KidsCount, 'Child Population by Race." 2017. Share of Child Population Share of Children in Foster Care

experience foster care placement before their eighteenth birthday, compared to 15.4 percent of Native American children and 11 percent of black children.⁹¹

At times, intervention in families is necessary for children's safety, but as research has shown, removing children from their families causes significant short-term distress and can have long-lasting negative

consequences. ⁹² Children often experience the physical separation from their caregivers as rejection or loss and do not understand why it has occurred. Removal and placement in foster care and subsequent placement changes may affect a child's ability to form healthy attachments. ⁹³ Because of discretion built into the system, some case managers remove children more frequently than others, regardless of families' circumstances. One study looking at children who were assigned case managers who had higher rates of removing children from their homes

found that those children "have higher delinquency rates, along with some evidence of higher teen birth rates and lower earnings." ⁹⁴ Surveys have found that nearly one-third of homeless youth and well over half of victims of child trafficking had experience in foster care. ⁹⁵ The Midwest Study, the largest longitudinal survey of youth ageing out of the foster care system, found that former foster youth were significantly less likely to be employed, have health insurance,

and have a college degree than their peers who had not been in foster care, and they were significantly more likely to experience economic hardship. ⁹⁶ Over half of youth surveyed had been arrested, and one-fifth reported being convicted of a crime. ⁹⁷

The extent to which children of color are overrepresented in the child welfare system—what is referred to in the field as "disproportionality," or the difference in the share of children of a particular race or ethnicity in the overall population compared to their share in the child welfare system—varies across states and localities. Nationally, Black or African Americans and American Indians/Alaskan Natives are significantly more likely to be removed from their families than white, Asian, and Hispanic children, ⁹⁸ but Hispanic children are over-represented in the foster care system in some states—and the number of states in which Hispanic/Latino children are overrepresented has grown over the last decade and a half. ⁹⁹

Because families involved in the child welfare system are also likely to be living in poverty and face other barriers, it has been hard for researchers to disentangle the causes of these racial disparities. ¹⁰⁰ For many years, national studies found little-to-no difference in the

incidence of maltreatment between children of different racial groups, but the most recent federally-funded National Incidence Studies of Child Abuse and Neglect indicated that Black children experience maltreatment at higher rates than white children across several categories of maltreatment. One reason may be that African American children are more likely to experience the most significant risk factor for maltreatment: poverty. The majority of poor families never come to the attention of the child welfare system, but poverty is still the best



predictor of abuse and neglect. High poverty rates mean these families are less likely to have access to necessary resources such as stable housing, counseling, and childcare services, without which they may be determined to be neglectful by the child welfare system. 103

The child welfare system also is designed in a way that invites bias and discrimination. Not only are the definitions of maltreatment written primarily by white people, applying their own ideas of what constitutes maltreatment, but as legal scholar and child welfare expert Dorothy Roberts has observed, "Vague definitions of neglect, unbridled discretion, and lack of training form a dangerous combination in the hands of caseworkers charged with deciding the fate of families."104 Studies have found systemic bias among people who report children to the child welfare system. One study of toddlers who were hospitalized in Philadelphia for bone fractures found that children of color were more likely to be reported for suspected physical abuse than white children, even after controlling for the likelihood of the child's particular injury stemming from abuse. 105 Other studies have found that race may influence a child welfare caseworkers' "threshold" for removing a child from their family. When African American children are removed

from their homes, they on average are assessed by caseworkers to have lower risk at the time of removal than white children removed from their homes. 106 Indepth studies of state and local child welfare systems have found that African American families do not receive supports that could "prevent or divert their involvement with the child protective system" and that they suffer the consequences of widespread beliefs that "African American children are better off away from their families and communities." 107

Once they are removed from their families, children of color also experience worse outcomes within the foster care system. There are shortages of people of color as well as speakers of Spanish and other languages who are licensed to be foster parents. ¹⁰⁸ In particular, the over-incarceration of people of color has led to a smaller pool of available people who can serve as kinship caregivers for children of color who become involved in the child welfare system, because of child welfare policies that prohibit people with criminal histories from being foster parents. ¹⁰⁹ In part as a result, children of color spend more time in out-of-home care, they change placements more frequently, they are less likely to receive necessary services, they are less likely to reunify with their families, and they are more likely to age out

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of foster care. 110 More than 30 percent of Hispanic and Native American youth who have experienced foster care are parents at age 21. More than 60 percent of African American and Latino youth in foster care "have crossed paths with the criminal justice system." 111

The problem of disproportionality in the child welfare system has proven so intransigent in part because the roots of these disparities are deep. The child welfare system, from the very beginning, saw its role as removing poor children from their families. Orphanages were among the first institutions developed to serve children, and by the late nineteenth century many children living in them were not, in fact, orphans, but rather had parents who were poor. 112 Charities in New York, Boston, and other East Coast cities sent thousands of poor children on "orphan trains" to towns in the Midwest, where they were assigned foster families—some of whom loved them as their own and others of whom used them as "slave farm labor." 113 Reformers in this period explicitly called for breaking up families in order to fight "pauperism." As William Pryor Letchworth, the most famous advocate of children's causes at the time, declared in 1874, "If you want to break up pauperism, you must transplant [the child].... When parents cannot protect their child, cannot feed, cannot clothe it, cannot keep it from evil influence, and are perhaps degrading it by their own example, it is the duty of every true man to step forward to save it."114 The first institutions devoted to child protection, the Societies for the Prevention of Cruelty to Children, were established during these years and focused on "rescuing" children "from their abusive parents or employers and removing them to another family or to institutions."115 By the early twentieth century, reformers were beginning to doubt the efficacy of breaking up families in order to help children, but child welfare practice continued to see its primary function as separating families.¹¹⁶

Children of color were, for the most part, excluded from the developing public child welfare system, but other public institutions with which they came into contact separated them from their families at high rates. 117 A Children's Bureau report observed that from 1750 to 1960, "the black child's chance of 'receiving care' from a correctional facility was still much greater than that of receiving any other type of care." 118 For American Indians, the United States undertook a concerted campaign to remove children from their families in order to facilitate their "assimilation." Since the colonial era, settlers had advocated for the separation of American Indian children from their parents and communities so they could be "civilized" and "Christianized." 119 Starting in 1879 and continuing well through the twentieth century,

children as young as five years old were packed off to boarding schools so they could learn how to act like people of European descent. Assimilation-focused education policy complemented policies that stripped American Indian communities of their land: both shared the goal of eliminating Native cultures. Boarding school administrators discouraged visits home, prohibited children from speaking their native languages, and they intercepted letters from children documenting homesickness and health problems to prevent parental requests for visits. As a result, children were often separated from their families for years at a time.

After World War II, as the civil rights movement demanded the integration of public institutions, the formal child welfare system increasingly served children of color alongside white children. The result was continued family break up. For American Indians, policymakers focused increasingly on placing children in white families, through adoption and foster care. Starting in 1959, the Indian Adoption Project, part of the Bureau of Indian Affairs' (BIA) larger effort to undermine tribal sovereignty and erase American Indian cultures, purposefully placed American Indians in white homes. As part of the project, BIA and state social workers cajoled and coerced unmarried American Indian mothers to give their infants up for adoption. As Cheryl DeCoteau, a member of the Sisseton-Wahpeton tribe in South Dakota, reported, when she was pregnant a social worker "kept coming over to the house...every week... and they kept talking to me and asking if I would give him up for adoption and said that it would be best. They kept coming and coming and finally when I did have him, [the social worker] came to the hospital. After I came home with the baby, [the social worker] come over to the

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house. He asked me if I would give him up for adoption and I said no."¹²³ Independent of the Indian Adoption Project, state child welfare systems placed hundreds of American Indian children in foster or adoptive homes annually.¹²⁴ Though extended families played a crucial role in raising children in many American Indian cultures, social workers viewed leaving a child with people outside the nuclear family as neglect and grounds for

Surveys in 1969 and 1974 documented that between 25 and 35 percent of all American Indian children were placed in foster or adoptive homes or institutions.

terminating parental rights. ¹²⁵ Surveys in 1969 and 1974 documented that between 25 and 35 percent of all American Indian children were placed in foster or adoptive homes or institutions. ¹²⁶

African American children were also increasingly removed from their families by the child welfare system in the mid-twentieth century. Precise data on disproportionality in these years is scarce, but the problems were so clear by 1972 that child welfare scholars Andrew Billinglsey and Jeanne Giovannoni declared that "the system of child welfare services in this country is failing Black children" because it was ripping families apart. 127 That year, the National Association of Black Social Workers condemned the rapid growth of "transracial adoptions" and called the placement of black children in white families a form of cultural "genocide." Black children should be placed with black families, they argued, so that the children can develop a healthy racial identity and learn how to survive in a racist society. 128 Over the next several decades, however, transracial adoptions declined but did not disappear, and more and more children receiving child welfare services were placed in out-of-home care. 129 The Child Abuse Prevention and Treatment Act, passed in 1974, signaled a Congressional commitment to the child protection approach and required states to have a procedure in place to respond to allegations of abuse and neglect and ensure children's safety in order to receive federal funds. 130 The result, as child welfare expert Dorothy Roberts has written, was to transform the child welfare system "from a social service system that tried to

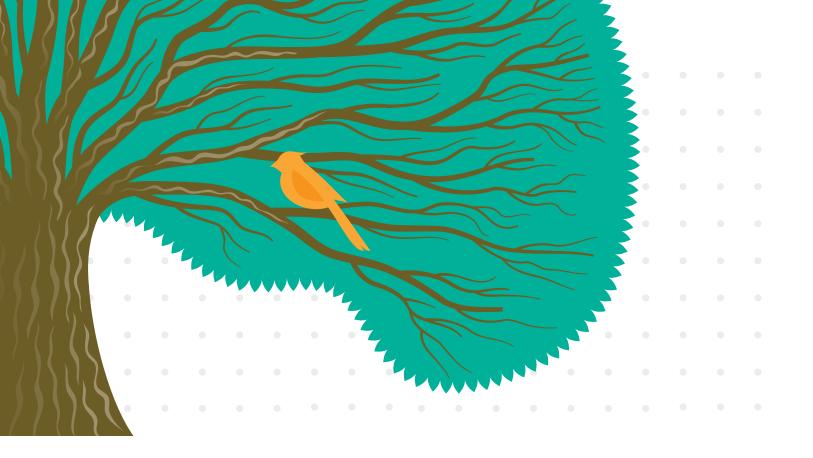
help needy families to a child protection system that investigates allegations of abuse and neglect."¹³¹ In the years that followed, the total number of children served by the system fell as fewer received services while living at home. The number of children in foster care and the share of Black in foster care, however, "exploded."¹³²

Over the last several decades, there have been attempts to reform the system to limit family separation and mitigate the harm for families of color. The Indian Child Welfare Act, passed by Congress at the urging of social workers and community activists in 1978, has given tribes jurisdiction over many child welfare matters and sought to limit the involuntary removal of Indian children from Indian homes and the involuntary termination of parental rights. 133 More recently, the U.S. Congress embraced this approach for all families when it passed the Family First Prevention Services Act in February 2018, which funds services to prevent or limit the use of foster care. Jerry Milner, Acting Commissioner of the Administration for Children Youth and Families, has promoted this approach within his agency, stating last year that the child welfare system should change its focus to "primary prevention of maltreatment and unnecessary removal of children from their families."134

But significant work remains to be done to overcome this history and realize this vision. Five year old Deja was living with her mother in an apartment in Brooklyn when she wandered off one night after being put to bed. Deja's mother, Maisha Joefield, was in the bathtub with earphones on at the time, and when Deja could not find her she set out to find her grandmother, who lived in the neighborhood. When a passerby encountered Deja on the sidewalk at midnight, he called Child Protective Services. Maisha was arrested for endangering the welfare of her daughter, and Deja was sent to foster care. The case record revealed the incident for what it was: a horrifying accident. Deja's pediatrician noted that her mother was "very attentive" and had significant family support. But the agency still pushed for her longer-term removal. This is how Maisha understood the situation: "they factored in my age [she was 25 at the time], where I lived, and they put me in a box." They may also have factored in the fact that she was African American. In Deja's case, the judge decided that "the risk of emotional harm in removal" outweighed her risk at home, and Deja was returned to her mother's care

after four days. But the effects of the brief removal were lasting. Maisha, a former day care provider, could not work with children because her name was placed on a state registry of child abusers. According to Maisha, the experience also "changed" her daughter. After she came home, "she was always second-guessing if she did something wrong, if I was mad at her." Several months later, when caseworkers checked in with teachers at Deja's school, they said that they had no concerns about her mother's care, but Deja was "not doing as well as she used to before she was removed from her home." 135

As a lawyer at Brooklyn Defender Services observed, reflecting on Maisha and Deja's case, "There's this judgment that these mothers don't have the ability to make decisions about their kids, and in that, society both infantilizes them and holds them to superhuman standards. In another community, your kid's found outside looking for you because you're in the bathtub, it's 'Oh, my God'" — a story to tell later, he said. "In a poor community, it's called endangering the welfare of your child."136 This is particularly true in poor communities of color, like Maisha and Deja's. As the New York Times reported in the article recounting Maisha and Deja's experience "In interviews, dozens of lawyers working on these cases say the removals punish parents who have few resources. Their clients are predominantly poor black and Hispanic women, they say, and the criminalization of their parenting choices has led some to nickname the practice: Jane Crow."137



Where do we go from here?

The history of these publicly funded systems that separate families reveals that they have disregarded the real needs of children and actively discriminated against children and families of color since their founding. These systems have harmed generations of children and made it especially difficult for the children of color impacted by them to lead happy, healthy, and productive lives. In order to rectify these past injustices and ensure that they do not continue, we need to re-envision policy from the perspective of families.

Re-envisioning policy from the perspective of families requires that we value the role of parents and caregivers in children's lives, and that we keep children with their families whenever safe and possible. This is important not only for the individual families involved, but for the larger communities that are systematically weakened by family separation. As policymakers, we should embrace the alternative American tradition that has long recognized the deep value of keeping families together. Some of the first federal attempts to restrict immigration in the late nineteenth and early twentieth centuries exempted family members from the new limits, recognizing that families belong together. When African American children were excluded from public child protection services in the

"I think they shouldn't have took my mama to jail. Just made her go to court, and give her some community service, or some type of alternative, where she can go to the program down the street. Give her the opportunity to make up for what she did. Using drugs, she's hurting herself. You take her away from me, now you're hurting me."

early twentieth century, African American communities stepped in to support families and keep them together. Communities established kindergartens and nurseries to support families, and grandparents, aunts, uncles, and other extended or fictive kin took responsibility for children until parents were able.¹³⁹

In the child welfare system, centering policy on the needs of families requires re-conceptualizing child maltreatment and how we, as a society, address it. In particular, it requires raising the threshold that must be met before children are removed from their parents' care. Agencies must actively work to keep families together—as some are beginning to do today in their attempts to address the overrepresentation of children and families of color in the child welfare system. 140 In some cases this may require changing policies on the books, while in other cases it may require changing how those policies are interpreted and implemented. Centering policy on the needs of families also requires that state child welfare agencies be transparent about their policies and practices, and that they be held accountable to the communities that are most impacted by their actions—

whether through citizen review boards, the direct-hiring of community members, or some other means. In the end, both policy and practice must recognize the crucial role that parents and caregivers play in children's lives.

In the criminal justice and immigration systems, centering policy on the needs of families requires limiting the detention and deportation of parents. We should, as the National Resource Council concluded in their landmark report, significantly reduce the rate of incarceration in the United States. ¹⁴¹ Bruce Western and Becky Pettit, two of the leading scholars of the collateral consequences of incarceration, recommend that policy "sort people convicted of crimes by the risk they pose to society" and divert "lower-risk offenders into high-quality, community-based mandatory supervision programs." ¹⁴² Communities should have a say in how they are policed, and police departments

should work closely with the communities they serve. ¹⁴³ In immigration enforcement, family detention is not the solution. Instead, detention and deportation should be viewed as measures of last resort, and parents should be exempted from both whenever possible.

When the separation of families is unavoidable—either in the criminal justice, immigration systems or child welfare systems—policy should ensure that



parents are able to maintain frequent contact with their children and strengthen their relationships. There are many promising interventions in this area. For example, the "Baby Elmo" program seeks to help young fathers detained in juvenile facilities develop positive relationships with their children.¹⁴⁴

Above all, we need to heed the voices of the children themselves. Terrence, who was fifteen when his mother was arrested for drug use, fended for himself for five months before finally receiving help. He explained how policy should have responded to his family's situation: "I think they shouldn't have took my mama to jail. Just made her go to court, and give her some community service, or some type of alternative, where she can go to the program down the street. Give her the opportunity to make up for what she did. Using drugs, she's hurting herself. You take her away from me, now you're hurting me." 145

Endnotes

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