

## ACTION PLAN: APPLYING A PROTECTIVE AND PROMOTIVE FACTORS APPROACH

Worker: \_\_\_\_\_

Supervisor: \_\_\_\_\_

Date: \_\_\_\_\_

### Increasing Knowledge

<b>Objective:</b> The worker will increase his or her knowledge of:	<b>Tasks:</b> (e.g., training, independent reading, discussion with specific colleagues)	<b>Target dates</b>	<b>Notes / Progress</b>

*Topics may include, for example: one or more of the protective or promotive factors; other community resources available to families; early childhood development; adolescent development; parenting strategies; trauma / toxic stress; cultural responsiveness or a particular culture.*

## ACTION PLAN: APPLYING A PROTECTIVE AND PROMOTIVE FACTORS APPROACH

### Building Skills

<b>Objective:</b> The worker will build his or her skills in::	<b>Tasks:</b> (e.g., training, observation, shadowing a colleague)	<b>Target dates</b>	<b>Notes / Progress</b>

*Topics may include, for example: approaching families from a strengths-based perspective; engaging with families and older youth as partners in decision-making; being empathetic and supportive in challenging conversations; cultural responsiveness.*

## ACTION PLAN: APPLYING A PROTECTIVE AND PROMOTIVE FACTORS APPROACH

### Putting into Practice

<b>Strategy:</b> The worker will implement the following strategies and report back:	<b>Details:</b> (e.g., with a particular family or colleague, or when a specific opportunity arises)	<b>Target dates</b>	<b>Notes / Progress</b>

*Strategies may include, for example: Taking a social history; developing a case plan focused on helping a caregiver/youth build their protective and promotive factors; brainstorming with a caregiver/youth around how to manage relationships with people who are negative influences; make meaningful referrals with a connection to another individual who can help the caregiver/family negotiate access to needed services/supports; self-care strategies to build worker's own protective and promotive factors*