Early Relational Health 2.0 Briefing

PSP Funders, February 17, 2021
Early relational health: a foundational, culturally embedded and developing set of positive, responsive and reciprocal interactions from birth that nurture and build emotional connections between caregivers, infants and young children and results in the emerging confidence, competence and emotional well-being for all.
Early relationships shape the health and wellbeing of both the child and the caregiver and are a key driver for social-emotional development.

“Early relationships matter. How we talk about it matters as well.”

Early relational health, although a new term, does not designate a new field nor a series of new discoveries. In fact, early relational health builds upon decades of research from the fields of child development, infant mental health and neurodevelopment that has established the centrality of relationships between caregivers and very young children for future health, development and social-emotional wellbeing.

Frameworks Institute, 2020
Project’s Strategic Goals:

- Continued expansion and development of a National Coordinating Hub on Early Relational Health at CSSP

- Develop, test, disseminate, and measure impact of resources, toolkits, and trainings by partnering with the national Reach Out and Read network and CSSP’s Early Childhood-LINC communities.

- Expand next-generation leadership capacity to advance early relational health within CSSP and beyond.
CSSP’s Early Relational Health Coordinating Hub GOALS

- Promote better understanding of ERH for action among public, child and family practitioners, researchers and policy-makers
- Integrate ERH into communities and systems of care for young children and families
- Partner with families to advance equity in all ERH activities
ERH HUB Logic Model

**INPUTS**
- National ERH Advisory Panel
- ERH Team & Hub at CSSP
- Partner organizations
- Field Experts & Consultants

**ACTIONS**
- TA / partnerships w/ networks & communities
- Actions focused on equity
- Research
- Communication & dissemination
- Policy Development

**INTERMEDIATE OUTCOMES**
- Advance ERH among families & communities
- Advance ERH in program and practice
- Advance ERH in policy
- Increase equity in family experience
- Grow and Sustain ERH Hub and Field Leadership

**RESULTS**
- Increase ERH
- More equitable & respectful services
- Increase family voice
- Improve long range health and well-being
ERH Coordinating Hub

Equity to Action with Families

- Family Voice in ERH Pilot Study
- Equity and Racial Justice Workgroup
- Brain Trust of Family Voices in ERH

Family Participation
- Natl ERH Advisory Panel
- ROR / EC Training Modules
- PSP ERH Measurement, Promotion and Action Network
ERH Coordinating Hub

TA / Partnerships with National Networks and Communities

Technical Assistance Activities
First 3 Years TX Promise Venture Studios Burke Foundation Episcopal HS

Reach Out and Read Next Chapter
National Leadership Network ROR ERH/EC Training Modules

EC-LINC ERH Action Learning Lab
ERH Self-Assessment Tool
ERH Coordinating Hub
Research

Family Voice in ERH

PSP ERH Measurement, Promotion and Action Network

Early Relational Health Screening

WECS
Welch Emotional Connection Scale
ERH Coordinating Hub

Influencing Policy

ERH Action to Influence Policy
(Spring 2021)

Federal Agency Leadership Conversation
Convened by ASCEND

Child Health and Early Childhood Advocacy Community Conversation
Co-Hosted with AAP

“Guide for Leveraging Title V and Medicaid”
Johnson Group and CSSP for PSP

Forthcoming.

State Policy
CT, NJ, OR, WA

Advancing a Family Centered Community Health System
Willis, CSSP

NAMD
Natl Alliance of Medicaid Directors
ERH Coordinating Hub

Communication and Dissemination

- Intentionally designed webinars and invitational lectures
- Blogs, podcasts, opinion pieces
- Network through partners
- Academic Papers
ERH Brain Trust
Nat’s Early Relational Health Advisory Panel

- Sherri Alderman
- Brenda Blasingame
- Tyson Barker
- Rahil Briggs
- Amy Fine
- Phil Fisher
- Bryn Fortune
- Janice Gruendel
- Alicia Lieberman
- Dina Lieser
- Junlei Li
- Joan Lombardi
- Dayna Long
- Mary Mackrain
- Tish MacInnis
- Kimberly Martini-Cavell
- Alan Mendelsohn
- Cynthia Minkovitz
- Colleen Murphy
- Cynthia Osborne
- Kate Rosenblum
- Anthony Queen
- Robert Sege
- Nikki Shearman
- Lynlee Stapleton
- Dana Winters

Workgroups

- Strategic Communication
- ERH Policy Action
- Core Components
- Equity and Racial Justice
- EC-LINC ERH Action
- Learning Lab

www.CSSP.org
Opportunities for Hub to expand impact

- Raise visibility of this work through increased communication
- Expand of TA opportunities and training resources
- Increase dissemination through expanded partnerships and action
- More internal capacity, succession planning
- NASEM Consensus study on 2Gen - ERH
- Fellowships for emerging leaders in ERH
Opportunities

Immediate:
• Urgency and leadership opportunity in the Post-COVID rebuilding
• Coordinating Hub capacities to leverage its spheres of influence

3-5 years:
• Mid-Level and future field leadership
  • Lead the development of mid-career fellowship program
  • Succession planning
• Expanding Academic and research leadership
  • Pediatric residency trainings
  • NASEM Consensus Study