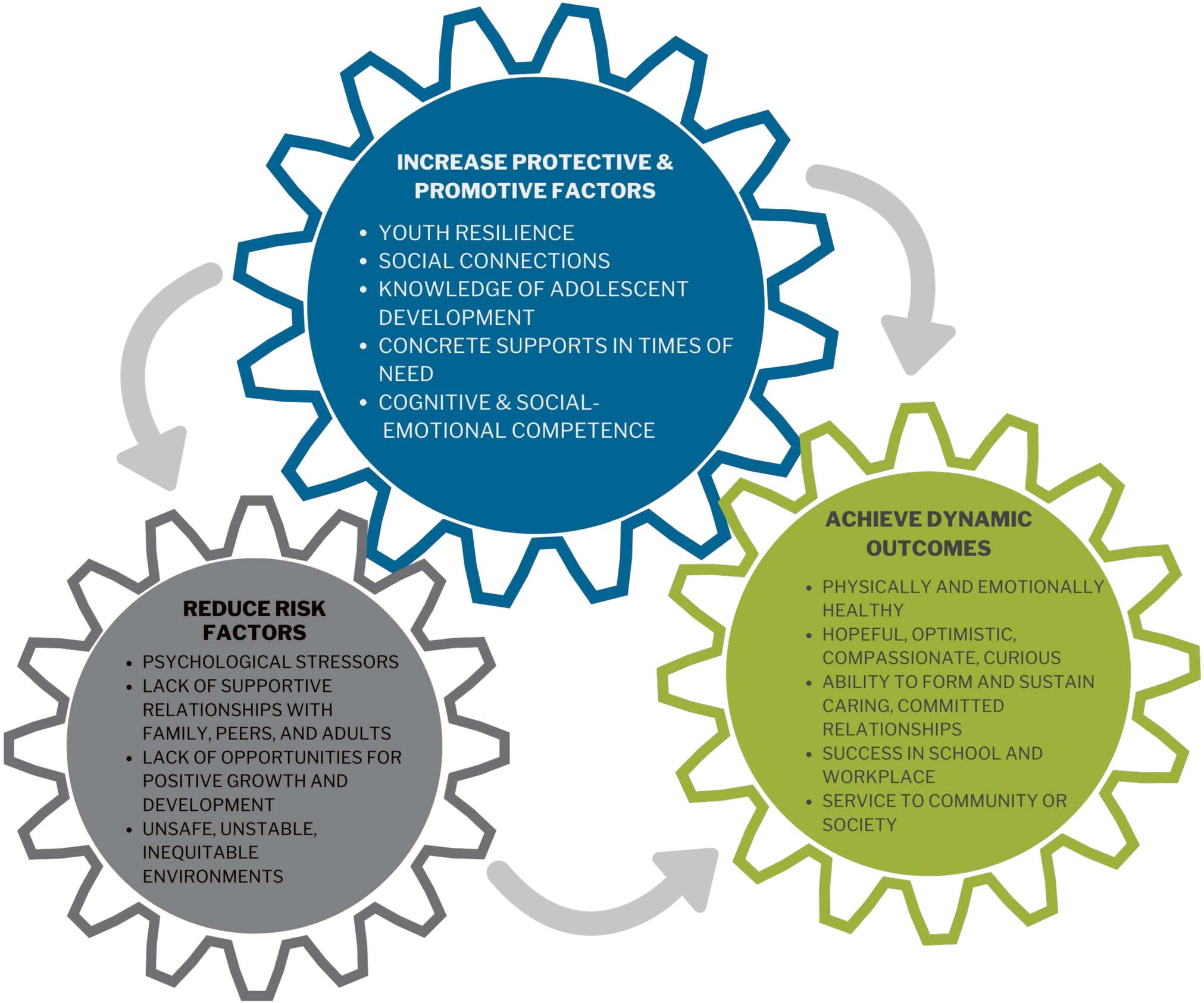
INCREASE PROTECTIVE & PROMOTIVE FACTORS
• YOUTH RESILIENCE
• SOCIAL CONNECTIONS
• KNOWLEDGE OF ADOLESCENT DEVELOPMENT
• CONCRETE SUPPORTS IN TIMES OF NEED
• COGNITIVE & SOCIAL-EMOTIONAL COMPETENCE
REDUCE RISK FACTORS
• PSYCHOLOGICAL STRESSORS
• LACK OF SUPPORTIVE RELATIONSHIPS WITH FAMILY, PEERS, AND ADULTS
• LACK OF OPPORTUNITIES FOR POSITIVE GROWTH AND DEVELOPMENT
• UNSAFE, UNSTABLE, INEQUITABLE ENVIRONMENTS
ACHIEVE DYNAMIC OUTCOMES
• PHYSICALLY AND EMOTIONALLY HEALTHY
• HOPEFUL, OPTIMISTIC, COMPASSIONATE, CURIOUS
• ABILITY TO FORM AND SUSTAIN CARING, COMMITTED RELATIONSHIPS
• SUCCESS IN SCHOOL AND WORKPLACE
• SERVICE TO COMMUNITY OR SOCIETY