INCREASE PROTECTIVE & PROMOTIVE FACTORS
- Youth Resilience
- Social Connections
- Knowledge of Adolescent Development
- Concrete Supports in Times of Need
- Cognitive & Social-Emotional Competence

REDUCE RISK FACTORS
- Psychological Stressors
- Lack of Supportive Relationships with Family, Peers, and Adults
- Lack of Opportunities for Positive Growth and Development
- Unsafe, Unstable, Inequitable Environments

ACHIEVE DYNAMIC OUTCOMES
- Physically and Emotionally Healthy
- Hopeful, Optimistic, Compassionate, Curious
- Ability to Form and Sustain Caring, Committed Relationships
- Success in School and Workplace
- Service to Community or Society