

Discussion Guide: Session 4

Parent and Provider Relationships Grounded in ERH

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1. What resonated from this video?
2. What can we as a health community do to better support families?
3. How do staff build trust with parents and families?
4. What steps can we take to move toward a future state where we lift up the voices of families in policy and practice?
5. What approaches are most effective and meaningful in building relationships where parent voices are centered?
6. It's clear that the Resiliency Clinic benefits parent participants. How do you think it benefits the providers and clinic staff?
7. What are your reflections about this team working together – pediatrician, community health worker, and parents?

Perspectives on Early Relational Health



**Early Relational
Health**
An initiative
of CSSP

About the Video Series

The Perspectives on Early Relational Health Series brings together a diverse group of parents, pediatricians, researchers, and providers to share their perspectives on why [Early Relational Health](#) matters, and what they are doing to support and promote foundational early relationships.

We hope these conversations inspire new insights and motivate you to join us in our collective movement to support healthy early relationships, so every child and their caregivers thrive—now and into the future.

All four videos, and related resources for each session, can be found at <https://cssp.org/perspectives-on-erh-series/>.

How to Use the Discussion Guides

We encourage you to watch one or more of the videos with a group of colleagues, partners, or community members. You might watch a video as a group or individually, prior to a meeting. A set of questions is provided to provoke discussion among groups after watching each video.

As a facilitator, choose the questions that you think will prompt a rich discussion for your group. Feel free to adapt the questions to your group or to add your own! You may choose to share the discussion guide with your group or simply pose the questions and see where the conversation goes.

Tell Us How It Goes!

We are curious to hear about how you use the videos and discussion guides, and what conversations and activities take place as a result. Please send an email to ERH@cssp.org to tell us all about it!