

Bringing the Protective Factors Framework to Life in Your Work – A Resource for Action Rinding the Protective Factors Framework to Life in Your Work



CHILDREN'S TRUST & PREVE

Comprehensive Training Suite

The National Alliance of Children's Trust and Prevention Funds' (Alliance) is pleased to offer a comprehensive suite of training materials that supports implementation of the Strengthening FamiliesTM Protective Factors Framework in multiple settings. The curriculum content includes materials on partnering with parents and concrete examples of everyday actions that research has shown to be effective in strengthening families.

Two Curriculum Formats

Recognizing that adult learners show preferences for multiple learning environments. the core content of the curriculum is available in two formats:

1 An online training that is available free of charge at:

http://ctfalliance.org/onlinetraining.htm

2 A Training of Trainers format for an in-person training delivery – dates and locations for upcoming training sessions are available at:

http://trainers.ctfalliance.org

The Training for Trainers provided an excellent foundation for us to customize our work in New Hampshire. It gives those who work with children the tools they need to promote protective factors in families. The curriculum is substantial enough to supply us with

great tools to bring to training participants, but flexible enough to adapt to specific learning needs. We are getting great responses from trainees, too, so we know we are filling a need!

Core Content of the Curriculum

- Seven courses, each designed to be about two hours in length
- An introduction to the Framework (also useful as a stand-alone orientation)
- A course on each of the five protective factors in the Strengthening Families TM Protective Factors Framework
- A wrap-up course that moves participants from knowledge to action
- Real-life parent stories that document the power of building protective factors
- Videos sharing everyday actions that state systems and private organizations have taken to implement the Framework

• A list of key sources, references and websites to support the content of each course

Strengthening Families™ **Protective Factors** Parental Resilience

Social Connections Knowledge of Parenting and Child Development Concrete Support in Times of Need Social Emotional Competence in Children

Join a Learning Network of Thousands

The online training curriculum, launched in April 2012, has served more than 6,000 participants, representing every state in the United States and 26 foreign countries. The Training of Trainers was launched in September of 2012 and there are now nearly 100 Certified Trainers prepared to deliver in-person training. The flexibility of offering this choice to practitioners greatly expands local and regional opportunities to learn more about the everyday actions that help families build protective factors.



For more information contact:

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Developed by the National Alliance of Children's Trust and Prevention Funds. the printing of this flyer was funded by the American Legion Child Welfare Foundation, Inc.

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This was a fantastic training. I especially liked the way the trainers and curriculum:

- 1. Kept us engaged in learning with the variety of activities
- 2. Changed the focus on families to being more positive
- 3. Made it applicable to our work

~ UTAH TRAINING PARTICIPANT





American Legion Child Welfare Foundation



Q: Who is this training for?

The **online training** is for anyone in a child/familyserving field who wants to know more about how to help parents build protective factors in their lives and for parents who want to learn more about building their own protective factors.

The **Training of Trainers** is for experienced trainers who want to become Certified Trainers in the Alliance's national curriculum in order to train others in their state and region.

O: How will it be of benefit?

The **online training** provides an interactive experience for learners based on parents' and practitioners' wisdom and knowledge. The format is flexible and allows learners to set their own pace. It also pairs with face-to-face instruction, allowing learners to save and share their work through the portfolio function.

The Training of Trainers provides experienced trainers with an array of resources for in-person delivery of the seven courses, with activities and materials to meet diverse training needs and enhance adult learning experiences. The 3-day training offers networking amd learning opportunities with other qualified trainers.

O: What is a Certified Trainer?

Certified Trainers are trainers who have successfully completed the 3-day Training of Trainers. They receive a limited license to use course materials to train their local and state-specific audiences.

Q: Can I host a training in my state?

If you are interested in hosting a Training of Trainers event in your own state, contact the Alliance at tot@ ctfalliance.org.

Q: How can I find a training to become a **Certified Trainer?**

Upcoming training events are posted on the Alliance website at http://trainers.ctfalliance.org. If none are currently scheduled, you may leave your contact information to be added to a notification list.

Q: What support does the Alliance provide to **Certified Trainers?**

- Certified Trainers have access to the Alliance's Certified Trainer Support Site that contains printready copies of all training materials, including trainer PowerPoint presentations, video and audio files and other tools to assist in delivering the courses. New materials are added to meet needs that may arise and standard materials are updated regularly.
- The Alliance, upon request, will help generate and track online training registration for courses offered locally.
- Certified Trainers may connect with other Certified Trainers and the Alliance through periodic Learning Community Networking Events.

Q: How are others using these trainings?

Some Certified Trainers have used the training materials to deliver selected courses during state and regional conferences. Others are using the entire curriculum to build knowledge, skills and abilities. expanding the capacity of their states' workforce to help families build protective factors. It is being used in multiple systems to train and support practitioners: early care and education, family support, home visiting, child welfare, higher education and others.

Bringing the Protective Factors Framework to Life in Your Work – A Resource for Action

Grounding in the **Strengthening Families Approach**

- A thorough exposition of the Strengthening Families™ Protective Factors Framework
- · Exploration of ways this approach looks at families through a different lens – focusing on strengths, not deficits
- Concrete ideas for everyday actions that can support implementation of the Framework at every level of the social ecology
- · Key tools and resources for the implementation of the approach

Child Abuse and Negelct Early Care and Education **Family Support**

In-Person Courses (TOT)

- Core content of courses expanded to include many activities that enhance adult learning styles and which are appropriate for group settings
- Trainers who successfully complete the 3-day intensive training become Certified Trainers with a limited license to use course materials to train local and state audiences
- Essential elements for each course are outlined in a minimum. 2-hour teaching plan; additional activities and content enable course expansion and audience customization
 - The Alliance provides an ongoing system of supports to assist Certified Trainers in effective delivery of course content
 - Certified Trainers can network with others from across the country who are delivering these courses through a Trainer Forum and virtual networking opportunities

Parents

Higher Education Others Interested in Supporting and Strengthening Families

LEXIBLE

OPTIONS

TO BUILD

ORKFORCE

Child Welfare Home Visiting Public Health Mental Health

Online Training Courses Readily accessible on the Alliance website

- at http://ctfalliance.org/onlinetraining.htm.
- Learners may work at their own pace and in multiple sessions to complete a course because their work is always saved
- Organizations may choose to pair the online learning environment with mentoring or personal instruction by using the portfolio function
- Opportunity to work collaboratively with other learners from across the U.S. and in multiple foreign countries through the online "Learn and Share" forum
- Each course concludes with a "websites and resources" section to support the course content
- At the completion of each course, learners receive a Certificate of Completion, which may be saved to their computer or printed out and shared with a supervisor or organizational lead who may require confirmation of completion

For More Information

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