

Bringing the Protective Factors Framework to Life in Your Work – A Resource for Action

Comprehensive Training Suite

The National Alliance of Children's Trust and Prevention Funds' (Alliance) is pleased to offer a comprehensive suite of training materials that support implementation of the Strengthening Families™ Protective Factors Framework in multiple settings. The curriculum content includes materials on partnering with parents and concrete examples of everyday actions that research has shown to be effective in strengthening families.

Two Curriculum Formats

Recognizing that adult learners show preferences for multiple learning environments, the core content of the curriculum is available in two formats:

- 1 An online training that is available free of charge at:

<https://ctfalliance.org/protective-factors/#OnlineTraining>

- 2 A Training of Trainer's format for an in-person training delivery – interested in upcoming TOT events? Fill out a short form at:

<https://ctfalliance.wufoo.com/forms/get-more-information-tot/>

Core Content of the Curriculum

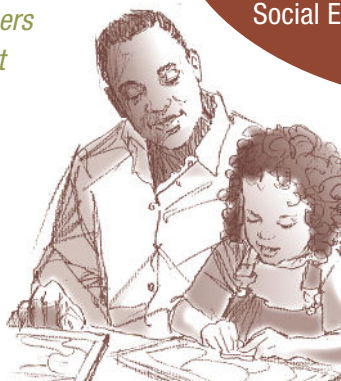
- Seven courses, each designed to be about two hours in length
- An introduction to the Framework (also useful as a stand-alone orientation)
- A course on each of the five protective factors in the Strengthening Families™ Protective Factors Framework
- A wrap-up course that moves participants from knowledge to action
- Real-life parent stories documenting the power of building protective factors and real-life examples of strategic activities of those working in state systems and private organizations as they implement the Framework, all shared in multiple videos
- A list of key sources, references and websites to support the content of each course

Strengthening Families™ Protective Factors

Parental Resilience
Social Connections
Knowledge of Parenting and Child Development
Concrete Support in Times of Need
Social Emotional Competence in Children

“The Training for Trainers provided an excellent foundation for us to

customize our work in New Hampshire. It gives those who work with children the tools they need to promote protective factors in families. The curriculum is substantial enough to supply us with great tools to bring to training participants, but flexible enough to adapt to specific learning needs. We are getting great responses from trainees, too, so we know we are filling a need!



~ NEW HAMPSHIRE CHILDREN'S TRUST, INC.

Join a Learning Network of Thousands

The online training curriculum, launched in April 2012, has served almost 30,000 participants, representing every state in the United States and 38 foreign countries. The Training of Trainers was launched in September of 2012 and there are now more than 1,000 Certified Trainers prepared to deliver in-person training. The flexibility of offering this choice to practitioners greatly expands local and regional opportunities to learn more about the everyday actions that help families build protective factors.



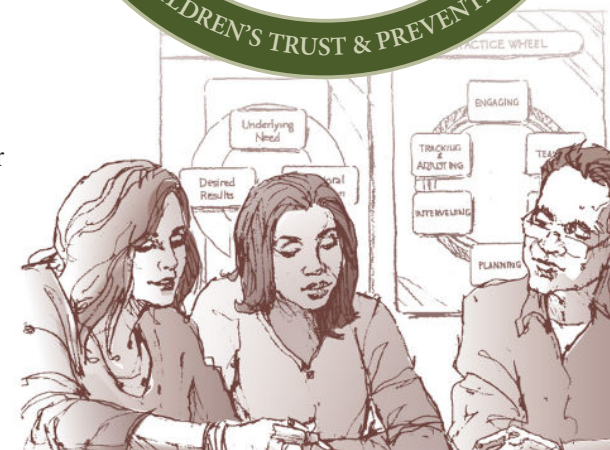
For more information contact

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“This was a fantastic training. I especially liked the way the trainers and curriculum:

1. Kept us engaged in learning with the variety of activities
2. Changed the focus on families to being more positive
3. Made it applicable to our work

~ UTAH TRAINING PARTICIPANT



Q: Who is this training for?

The **online training** is for anyone in a child/family-serving field who wants to know more about how to help parents build protective factors in their lives and for parents who want to learn more about building their own protective factors.

The **Training of Trainers** is for experienced trainers who want to become Certified Trainers in the Alliance's national curriculum and be able to train others in their state and region.

Q: How will it be of benefit?

The **online training** provides an interactive experience for learners based on parents' and practitioners' wisdom and knowledge. The format is flexible and allows learners to set their own pace. It also pairs with face-to-face instruction, allowing learners to save and share their work through the portfolio function.

The **Training of Trainers** provides experienced trainers with an array of resources for in-person delivery of the seven courses, with activities and materials to meet diverse training needs and enhance adult learning experiences. The 3-day training offers networking and learning opportunities with other qualified trainers.

Q: What is a Certified Trainer?

Certified Trainers are trainers who have successfully completed the 3-day Training of Trainers. They receive a limited license to use course materials to train their local and state-specific audiences.

Q: Can I host a training in my state?

If you are interested in hosting a Training of Trainers event in your own state, contact the Alliance at tot@ctfalliance.org.

Q: How can I find a training to become a Certified Trainer?

Complete a "Get More Information" form on the website and you will receive current information or contact the Alliance at info@ctfalliance.org.

Q: What support does the Alliance provide to Certified Trainers?

- Certified Trainers have access to the Alliance's Certified Trainer Support Site that contains print-ready copies of all training materials, including training PowerPoints, video and audio files and other tools to assist in delivering the courses. New materials are added to meet needs that may arise and standard materials are updated regularly.
- The Alliance, upon request, will help generate and track online training registration for courses offered locally.
- Certified Trainers may connect with other Certified Trainers and the Alliance through a Closed Facebook Group and Quarterly Networking Webinars.

Q: How are others using these trainings?

Some Certified Trainers have used the training materials to deliver selected courses during state and regional conferences. Others are using the entire curriculum to build knowledge, skills and abilities, expanding the capacity of their states' workforce to help families build protective factors. It is being used in multiple systems to train and support practitioners: early care and education, family support, home visiting, child welfare, higher education and others.

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